

You have the right to:

- Access your own medical records and bank records
- To remain involved in your decisions while you have a Power of Attorney (POA) and can revoke your POA at any time
- Say NO to people trying to sell you something
- Not be bullied into signing anything by family, salespersons etc
- Not to give personal info to agencies requesting it until you've researched them first or initiated contact yourself
- Restrict access to anyone who makes you feel uncomfortable both in your private home or nursing home
- Use hidden cameras in your home/room
- Make your own choices and live with dignity and respect